

Hot Potatoes

Objective Getting all the balls on the opponent's side

Description Set a field out with neutral zone in the middle. Split the players into two teams and have balls into each side of a marked field. Explain the point of the game is to get all the balls on your opponent's side of the field. Whichever team completes the task gets a point. Play to 10 points and each time encourage them to do it faster. No one is allowed in the neutral zone.

Passing
Shooting
Changing Directions

Coaching Points One touch passing
Passing/shooting at an angle
Changing direction quickly

