

Pirates, submitted by Chris Goldkamp, FC Brandywine TOPSoccer

Objective Dribbling at speed.

Description Players inside the 6 yard box facing coach standing in goal. Coach explains we're pirates on a treasure hunt. Turn players around and pinnies are distributed throughout field (defensive half). Explain we need to go collect the treasure. Give them a time limit to collect all. Use terms like aye-aye matie and argh! Players dribble balls out and collect pinnies, then bring back to the ship (the goal).

Dribbling
Ball Control
Basic Motor Skills
Running with the Ball

Coaching Points Soft touches on the ball.
Dribble with control, keeping the ball close.
Head up to know your position on field.

