

Soccer Golf, submitted by Matt Wagner, HIGH 5 Soccer

Objective Get the ball in the ring/hoop in the fewest passes

Description Place some hula hoops or training rings around the field. Similar to golf, players will go around the circuit trying to get the ball in each hoop in the least amount of passes. Players line up at on goal line or any other spot and on the field. Competition between players on who can get the ball in the ring/hoop in the fewest passes.

Passing
Weighted Pass

Coaching Points Correct way to pass the ball
How hard are you kicking it?

