

# **Emergency Action Plan (EAP)**





Location: Athens-Boonesboro Training Fields (LSC Training Complex)

# 250 Doe Run Trail Lexington, KY 40509

\*Enter between gas stations and follow road through round about into the parking lot.

## **Nearest AED Locations:**

Mounted between fields (Marked on Map) + With Athletic Trainer on Duty

## In the case of a Medical Emergency: CALL 911 (+)

- The First Responder shall establish scene safety and immediate care of the victim.
- Designate someone to retrieve AED and/or emergency equipment (in mounted positions and/or white golf cart).
- CALL 911 using a cell phone or landline.
  - Provide information regarding your name, location, why you are calling, condition of the victim, and any treatment already provided.
  - Calmly answer questions to the best of your ability.
  - Do not hang up until told to do so.
- Designate someone to meet EMS at facility entrance and direct them to the scene.
- Care for the victim until EMS arrives.

# In the case of Lightning or Severe Weather:



- Seek indoor shelter immediately.
- You must wait at least 30 minutes following the last lightning strike within an 8-mile radius prior to resuming outdoor activity.
- Lightning will be monitored by an Athletic Trainer.
- Avoid being the highest point in an open field or near open water.

### Roles in an Emergency:

- <u>First Responder/Team Leader</u> Athletic Trainer, Head Coach, Coaching Staff
- <u>Person Activating EMS (911)</u> Athletic Trainer, Assistant Coach LSC Adminitstration
- <u>Person Retrieving Emergency Equipment</u> Athletic Trainer, Coaching Staff/manager, LSC Administration
- <u>Crowd Control</u> Coach, LSC Administration
- <u>Person Directing EMS to Scene</u> Coach, LSC Administration

#### **Lexington Sporting Club Contact Information:**