

WELCOME TO OAKLAND

FACILITY RENTALS
2024

INQUIRIES: VALENTIN@ROOTSSC.COM



**STATE-OF-THE-ART PROFESSIONAL LEVEL
FACILITIES UPGRADED FOR SOCCER
SPECIFIC USE.**



SNAPSHOT

ADDRESS:	1150 Harbor Bay Parkway, Alameda, CA 94502
LOCATION:	Corner of Harbor Bay Parkway & Ron Cowan Parkway
MARKET:	East Bay/Oakland
APN:	74-1361-8
ZONING:	C-M-PD
PARCEL SIZE:	11.39 acres
BUILDING SIZE:	18,240 square feet
BUILDING HEIGHT:	1 story
PARKING:	Approximately 300 spaces



TRAINING FACILITY



- The stand-alone Training Facility, an approximately 18,240 square foot building, is located at 1150 Harbor Bay Parkway and sits on an 11.39-acre parcel.
- The Training Facility offers indoor fitness space, restrooms, and expansive grass field with a maintenance building at the rear of the property.



SITE PLAN



PROPERTY PHOTOS



PROPERTY PHOTOS - FIELDS





51GROW



UCSF Health



KEY FEATURES - INDOOR FITNESS SPACE

- Indoor fitness space
- Restrooms
- Strength and Conditioning Equipment
- Teqball Tables
- Offices
- Washer + Dryer
- Maintenance Office
- Medical Area



Gym

- 3 full size squat racks
- Pull ups bars on each rack
- 6 olympic barbells
- Adjustable for bench press use
- 7 adjustable weight benches
- 2 full size dumbbell racks with 2 sets of weights from 2.5 lbs-75 lbs
- Kettlebells (2 sets of 12, 16, 20 and 24 kgs)
- Back extension machine
- Shuttle MVP
- 1 treadmill
- Assortment of bands, jump ropes.
- 2 slide boards
- 2 bosu balls
- 2 medicine balls
- 1 baseline evaluation instrument
- Mini turf area for sled work and activation
- 3 Rogue sleds
- 11 weighted medicine balls
- 3 sets of adjustable boxes for box jumps

Stretching area

- yoga straps and blocks
- foam rollers
- Lacrosse balls
- yoga mats
- bands

Soccer Equipment

- 2 teqball tables
- 2 full size dummies
- Assortment of cones (Large, flats, minis)
- 3 sets of rings
- Assortment of bibs
- 2 ball pumps
- 3 sets of mannequins
- 4 large goals
- 6 mini goals
- 2 medium goals
- 2 soccer tennis nets
- 30+ stakes



Medical Area

- 4 adjustable treatment tables
- 2 treatment tables with storage cabinets
- 1 chiropractor's adjustable table
- Fully equipped medical treatment area
- 3 portable massage tables
- Large and small water coolers
- Assortment of squirt bottles and carriers

Dining Area

- 2 microwaves
- 1 refrigerator
- 1 coffee maker
- 1 espresso machine
- 6 dining tables with chairs

Video area

- 1- 70 inch tv
- Adjustable seating area for players and staff
- 300 inch projector screen
- Kwikgoal tactical board

Miscellaneous

- Multiple fully functioning printers [scanning/copying/printing]
- Laundry services as needed or good rates from a local vendor
- Storage area in the back where teams can store their equipment
- 2 heat presses
- Showers (5 per portable)
- Shower towels, treatment towels
- 1 Projector



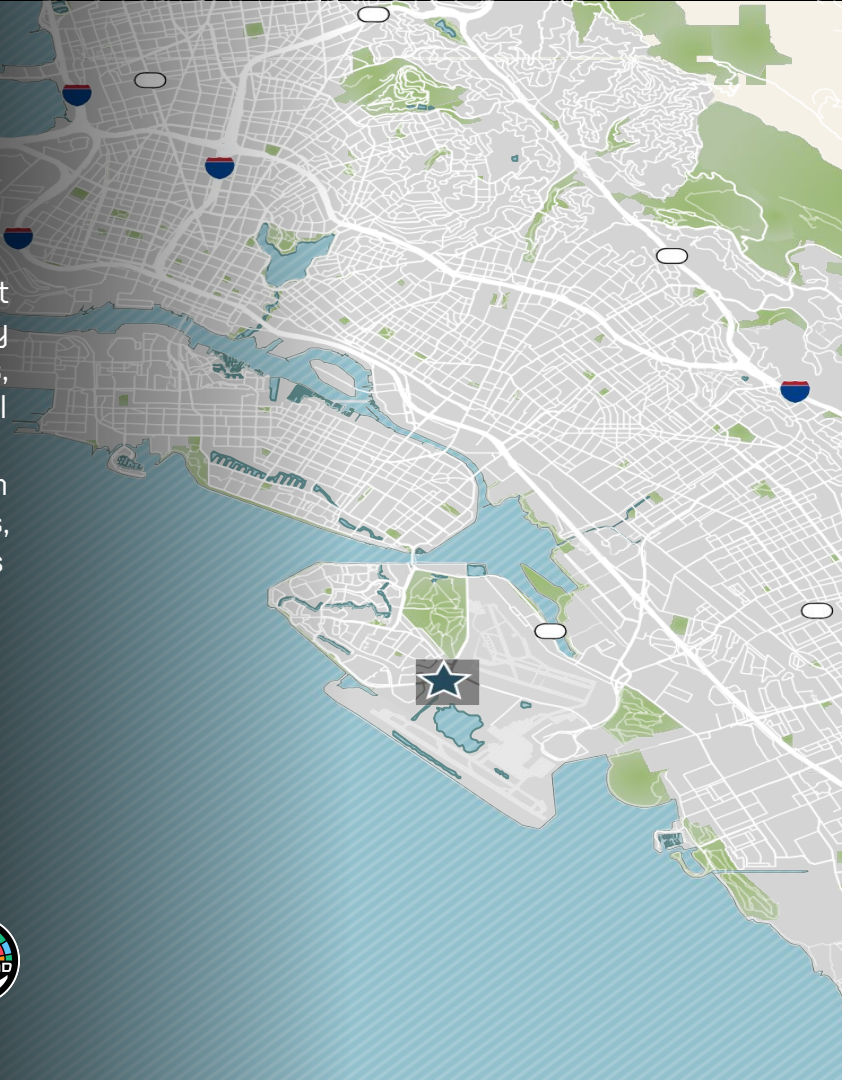
#KNOWYOURROOTS



AREA OVERVIEW



- The Harbor Bay Business Park in Alameda is located at the geographic center of the Bay Area, with easy access to the East Bay's desirable communities, ferries to San Francisco and Oakland International Airport just 5 minutes away.
- Harbor Bay is home to an array of prominent biotech and manufacturing businesses including Exelixis, Penumbra, Abbott Diabetes Care, Frito Lay, and Peet's Coffee.
- Convenient 880 access
- 5 Minutes from Oakland International Airport
- Free BART Shuttle access
- Minutes from the water ferry to SF





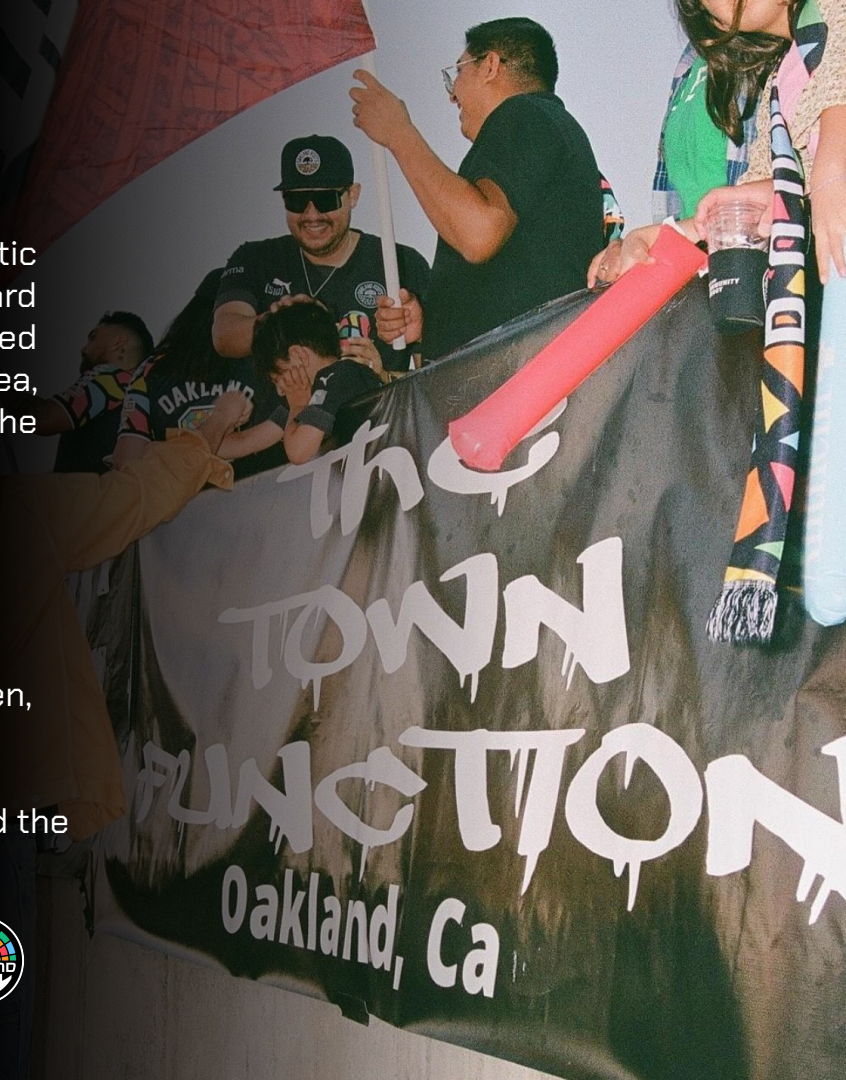
OAKLAND, CA

Oakland celebrates its diverse community, artistic vibe, beautiful scenery, locally owned shops, award winning multi-cultural cuisine, and civic pride. Situated on the east side of the Northern California Bay Area, Oakland is bordered by 19 miles of coastline to the west and rolling hills to the east.

YOUR HOSTS

Oakland Roots and Soul SC is the first, Purpose-driven, professional sports team in the United States.

Our Purpose is “to harness the magic of Oakland and the power of sports as a force for social good.”



THANK YOU

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