

# COLLEGE RECRUITING



## IMPORTANT MILESTONES AND GUIDELINES

### FRESHMAN & SOPHOMORE YEAR

## PREPARE

°COLLEGE COACHES CANNOT CONTACT YOU UNTIL  
JUNE 15TH AFTER YOUR SOPHOMORE YEAR°

- Identify your 'top colleges' (10-15) - BE REALISTIC
  - consider academics, athletics, and location
- Get your grades up!
- Take an SAT/ACT test
- Register for the NCAA/NAIA Clearinghouse
- Create a soccer & academic resume
- Start collecting game video
- Start contacting college coaches

### JUNIOR YEAR

## INTERACT

°COLLEGE COACHES CAN NOW START SPEAKING  
WITH YOU DIRECTLY

- Keep grades up!
- Seek direct communication with college coaches
- Narrow your 'top college' list (10)
- Visit colleges on your list
- Attend more camps and college seminars
- Retake the SAT/ACT - send scores to colleges
- Update resume, video, and clearinghouse profile
- Parents - complete FAFSA

### SENIOR YEAR

## FINALIZE

- Finish school strongly
- Narrow your list to 3-5 schools
- Retake SAT/ACT (if needed)
- Update resume, video, and clearinghouse profile
- Seek 'official' or 'unofficial' visits
- Respond to coaches promptly and succinctly
- Parents - complete FAFSA with new tax info
- Decide!



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## THE INSIDE TRACK...

Our Academy and Professional coaching staff has over 20 years of combined college coaching and recruiting experience. Read on to learn more about the details that REALLY MATTER in the recruiting process...



Communicating with college coaches in the right manner is a KEY part of the process. It might seem unimportant to you but coaches will make judgements based on the language you use, the politeness of your messages, and how quickly you respond. See this as a job interview. DO NOT make a coach have to chase you up. You are competing against hundreds of other players, so DO NOT give a coach a reason to move onto the next student-athlete.

**COMMUNICATION  
IS KEY**

Don't get hung up on waiting for a college coach to setup an 'official' visit for you. You and your family MUST lead the recruiting process and you can unofficially visit your ideal colleges at any time to get a feel for the place. Attending our Tormenta College ID Camp, as well as specific college ID camp is a great way to get on campus, and meet the coaching staff. Coaches are only likely to setup official visits later in the process



**VISIT CAMPUS**



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### THE RIGHT SCHOOL

As you make your 'top colleges' list, be sure to be realistic and open-minded. Speak to your Tormenta coaches to gauge the ideal level and program you should be targeting. There are hundreds of excellent programs nationwide within NCAA, NAIA, and NJCAA, so do not get fixated on NCAA DI if it's not the right fit for you. This is YOUR process, your FUTURE, and YOUR soccer career. Find a school that matches your academic, athletic, and personal goals.

A gap year should be seen as Plan B. If you stay on top of YOUR recruiting process starting in your Sophomore year, you should be in a good position to commit to your ideal school upon graduation. If you decide to take a gap year it is essential you maximize the additional time. Use this additional time to get on top of all the details you missed previously in your recruiting process and DO NOT leave everything to the last minute.



### SHOULD I TAKE A GAP YEAR?



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## TEMPLATE EMAIL



Good afternoon Coach \*INSERT COACHES NAME\*,

Congrats on a fantastic \_\_\_\_\_ season. I've been following your program for a while now and would love begin building a relationship with yourself and your staff, with the hope of becoming a part of the \*GA SOUTHERN\* men's soccer family.

My name is \*INSERT PLAYER NAME\* and I play for Tormenta FC's \*INSERT AGE GROUP AND TEAM\*. I primarily play \*central midfield\*, but can also play \*right back\*. My best qualities are my ability to \*cover ground, break up play and take the game forward.\*

Below are a couple of highlights regarding my soccer career;

- Tormenta FC MLS Next Academy - 2021-present
- Tormenta FC U17 MLS Next Captain
- Tormenta FC USLA - 2020-present

I am currently a \*rising junior\* and will graduate in \*2024\*. My current GPA is \*3.6\* and my SAT score is \*1100\*. We are playing in \*Atlanta\* on \*Saturday, April 17th\* with the \*U17 MLS Next Team\* and I would like to invite you out to the game. The details of the game can be found below;

Date:

Opponent:

Kick off time:

Location:

If you're not able to make it to the game, I will follow up next week with full game footage. I have also attached a link to my most recent highlight video: \_\_\_\_\_

### TORMENTA TIPS

My soccer references are below;

Stefan King

Tormenta FC MLS Next Director

Email - sking@tormentafc.com

Phone Number - 630-479-4414

- BE RELENTLESS - Coaches are busy, one email won't be enough. Keep going!
- Email. Phone (be ready to leave a voicemail). Text.
- Upload your highlight video online - make it easy for a coach to access
- Music - No cursing in your highlight video. Coaches are assessing you.
- Social Media - Coaches will check your accounts to learn about your character

Thanks for your time Coach. Looking forward to continuing our conversation in the coming weeks.



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## USEFUL RESOURCES



**NCAA ELIGIBILITY CENTER: [HTTPS://WEB3.NCAA.ORG/ECWR3/](https://web3.ncaa.org/ecwr3/)**

**PLAY NAIA ELIGIBILITY CENTER: [HTTPS://PLAY.MYNAIA.ORG/](https://play.mynai.org/)**

**SAT REGISTRATION & TEST DATES:**

**[HTTPS://SATSUITE.COLLEGEBOARD.ORG/SAT/REGISTRATION](https://satsuite.collegeboard.org/sat/registration)**

**ACT REGISTRATION & TEST DATES:**

**[HTTPS://WWW.ACT.ORG/CONTENT/ACT/EN/PRODUCTS-AND-SERVICES/THE-  
ACT/REGISTRATION.HTML](https://www.act.org/content/act/en/products-and-services/the-act/registration.html)**

**FAFSA - FREE APPLICATION FOR FEDERAL STUDENT AID:**

**[HTTPS://STUDENTAID.GOV/HELP-  
CENTER/ANSWERS/TOPIC/COMPLETING\\_THE\\_FAFSA/ARTICLES](https://studentaid.gov/help-center/answers/topic/completing-the-fafsa/articles)**

**TORMENTA FC COLLEGE RECRUITING BOOKLET:**

**[HTTPS://WWW.TORMENTAFC.COM/ACADEMY-RESOURCES/](https://www.tormentafc.com/academy-resources/)**

**NCSA SPORTS - FINDING THE RIGHT COLLEGE TOOL:**

**[HTTPS://WWW.NCSASPORTS.ORG/BEST-COLLEGES](https://www.ncsasports.org/best-colleges)**



League One



League Two



W League



Academy League

